



FOREST MARATHON 2017 17 MILES

17 MILE Route follow YELLOW ARROWS.

AW-Arden Way. HoEW - Heart of England Way- MW - Millenium Way.

TL - Turn Left. TR - Turn Right. KG - Kissing Gate. SMG - Small Metal Gate. LMG - Large Metal Gate. X -Cross. (CB 300) - Compass Bearing. WMP - Way Mark Post. FB -Footbridge. SLOT - Same Line Of Travel. [00] Distance Covered. (SP140672) – O/S Grid Ref

CROSS ALL ROADS WITH EXTREME CARE

Maps required Landranger 150 &151 or Explorer 220 &205.

Walk HQ Henley in Arden School, Stratford Rd B95 6AF. From here to start- Exit school TR to pedestrian crossing X into New Road, ahead 20 YDS TR into Barley Close for 100 YDS.

START 0930

1

Ahead on Barley Close to enclosed path. At end of path TL Pass post box TR to pass Railway Station. After 200 YDS TL into Bear Lane, Under Railway Bridge and TR up steps to KG. Ahead, railway on right to pass green shed to golf club house. Cross drive, TR at WM (AW). Pass pond on right to stile X stile TL X field (CB 300) to gate. Pass barns to KG (SP140672)

2

17 MILE ROUTE

TL on lane for 400 YDS. **TL (AW)** on track (Unclassified County Rd). Ahead to lane, **TR** 100 YDS to go through **KG** on **L (AW) X** field (**CB 240**) to **KG**. **X** field (hedge on right) to **KG**. Through churchyard to lane. Ahead on lane to **T** Junction, turn left and ahead to **T** Junction. **X** to **KG** then **X** field (**CB 230**) to **SMG**. **X** lane to **SMG**. **X** field (**CB 270**) to field corner. Ahead through **SMG** to **30 sign**, **TR** to pass memorial. **X** road opposite “Winged Spur” PH. Ahead along passageway (**AW**) to pass through **2 KG**'s to lane opposite church.

3

TR on lane 400 YDS to **X** stile on left of gate. **X** field (**CB 175**) to stile. Through trees to A4189, cross with extreme care. **TL** for 100 YDS to drive signed Cadborough Farm **AW**. Ahead through **2 SMG**'s. **X** drive to **X** stile. Ahead 150 YDS with fence on right. Through gate **TR** 20 YDS **TL (AW)**. Ahead with fence on left to gate, ahead with hedge on left to **WMP (SP109659)**. **X** field (**CB 230**) hedge on right ahead to field corner. Through **KG**, **TL** to **KG** and lane. **TL** to CP

CHECKPOINT 1. 26m/17m (4.5m) opens 0915 closes 1130

Biscuits/Jaffa Cakes/jelly babies cold drinks Note: Not a control point - no clip required

4

Ahead 150yds to **WMP AW (SP 110657) [4.5m]** **TR** through **KG X** field (**CB 190**) to farm buildings. Pass “Bull Pen” on **L**. Follow way marks to lane after 50 YDS **TR** on track to **KG**. **X** to **KG X** field to **KG** in corner, Ahead to **KG**. Ahead on enclosed path to **TL to KG**. **TR** hedge on **R** to **KG**. **TL** to **SMG**, **X** field (**CB 245**) to gap in hedge. Through **2 SMG** then **TL** hedge on left to **SMG**.

5

Ahead passing telegraph poles, hedge on left to gate. Through gate passing telegraph poles to go through 2nd gate. Ahead on track with hedge on right. Track turns right in 20 YDS **TL** through **SMG signed AW**. **X** field (**CB 260**) to gate. **TL** on lane past nurseries. **TL** through **MG** follow footpath diversion signs around Studley Castle to rejoin **AW**. Ahead on enclosed path to church car park. (**SP 081636**)

6

Ahead through **KG TL X** fields (**CB 150**). 350yds to small coppice. **TR** (river on right) to **KG**. **TL** hedge on left to **KG X FB** through gate. **T 1/2R** through **KG**. Ahead through **KG** to farm buildings. Through **2 KG**'s and ahead down farm drive to road leave (**AW**). Left along road (ignoring all **R** and **L** turns) for 1mile. **TR** at Middle Sernal Farm. (Opposite Purity sign). Ahead down farm track to CP

CHECKPOINT 2 26m/17m routes 9.25 m (SP 095616) opens 1015am closes 1330pm

Bacon sandwich/vegetarian sausage sandwich hot and cold drinks. Clip required.

7

Pass to left of shed. Ahead hedge on left to go through gate. Ahead through gap in hedge and trees. **X** stream **BR** to **WMP**. Ahead passing pond on right to go through gate. Ahead on enclosed path. Where fence turns right. **TL** through **MG**. **X** field to **KG** and track. **TL** on track. Ahead for 1mile to road. **TR** 20yds. **X** road with care. (leave **AW**).

8

26m/17m routes split here

TL into lane (**Shelfield Green 1m**). Ahead on lane ½ mile. Where lane turns sharp right **TL** on **HoEW**. See “Mutton Barn.” Continue on **HoEW** past house. Through gap by gate, under power lines. **TR** then **L**. Ahead through wood. Leave wood. Ahead with trees on **L** to rejoin (**AW**) **26m/17m routes rejoin** (SP 114618).

9

TL through **KG** **X** field (**CB 340**) to **KG** and lane. **TR** 40 YDS to **WM**. **TL** (**AW-HoEW**) for 10 YDS **TL through KG**. **TR** hedge on right. Ahead to pass through 3 gates. Ahead through left hand gate. Ahead hedge on right to gate. Ahead on (**AW**) (**CB 010**). **X** field, through trees to **X FB**. Ahead to **KG** and **CP**

Checkpoint 3. 26m/17m routes 14.5m on short course (SP110637) opens 1100 am closes 1730 am Cakes crisps and savouries. Clip required.

10

Continue on lane to pass “Greenhills” Where lane turns left ahead through gate (**AW-HoEW-MW**) Ahead through woods. Bear right at bench. Continue through woods to exit at green gate at edge of wood. Through gate 50 YDS to stile on **R**. **X** stile **TL** downhill. Where path bears right **TL** through trees to gate. **X** lane, through hedge (**AW-HoEW-MW**). Ahead hedge on **L**. **X** 2 fields. **X** 3rd field (**CB80**) to gap in hedge. **X** stile ahead **SLOT** to gap and **FB**. **X FB** and stile. Ahead **X** field (**CB 060**) to **X** stile right of bench.

11

X 3 fields (**CB 050**) to field corner and **FB** (SP138655). **X** bridge and ,stile and ascend steps to **X** stile. **X** field to stile (**CB 20**). Ahead to **X** stile. Ahead to **WM**. **X** 2 stiles one in wall to road. **X** road with extreme care.

12

X 2 stiles pass derelict stile. Ahead (**CB 90**) to **WM**. **X** stile then down enclosed path to **KG** and **FB**. **X FB**. (leave **AW-HoEW-MW**). **1/2R turn (CB 120)** **X** field. Pass post to **KG**. Through tunnel, along enclosed path to road. **X** road **TL** on pavement. pass St Johns Close. **TR** down enclosed path to Barley Close and road ,**TL** to pedestrian crossings. **TR** on A3400 for 100yds. **TL** into school.

WELL DONE