



## **FOREST MARATHON 2017 26.5 MILE ROUTE**

**17 MILE Route follow YELLOW ARROWS.**

**26 MILE Route follow PINK ARROWS.**

**AW-Arden Way. HoEW - Heart of England Way- MW - Millenium Way.**

**TL - Turn Left. TR - Turn Right. KG - Kissing Gate. SMG - Small Metal Gate. LMG - Large Metal Gate. X -Cross. (CB 300) - Compass Bearing. WMP - Way Mark Post. FB -Footbridge. SLOT - Same Line Of Travel. [00] Distance Covered. (SP140672) – O/S Grid Ref**

### **CROSS ALL ROADS WITH EXTREME CARE**

**Maps required Landranger 150 &151 or Explorer 220 &205.**

**Walk HQ Henley in Arden School, Stratford Rd B95 6AF. From here to start- Exit school TR to pedestrian crossing X into New Road, ahead 20 YDS TR into Barley Close for 100 YDS.**

**START 0830 Walkers (5 mph or less) 0930 Runners (5 mph or more)**

**1**

Ahead on Barley Close to enclosed path. At end of path TL Pass post box TR to pass Railway Station. After 200 YDS TL into Bear Lane, Under Railway Bridge and TR up steps to KG. Ahead, railway on right to pass green shed to golf club house. Cross drive, TR at WM (AW). Pass pond on right to stile X stile TL X field (CB 300) to gate. Pass barns to KG (SP140672)

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2

**TL** on lane for 400 YDS. **TL (AW)** on track (Unclassified County Rd). Ahead to lane, **TR** 100 YDS to go through **KG** on **L (AW)** **X** field (**CB 240**) to **KG**. **X** field (hedge on right) to **KG**. Through churchyard to lane. Ahead on lane to **T** Junction, turn left and ahead to **T** Junction. **X** to **KG** then **X** field (**CB 230**) to **SMG**. **X** lane to **SMG**. **X** field (**CB 270**) to field corner. Ahead through **SMG** to **30** sign, **TR** to pass memorial. **X** road opposite “Winged Spur” PH. Ahead along passageway (**AW**) to pass through **2 KG’s** to lane opposite church.

3

**TR** on lane 400 YDS to **X** stile on left of gate. **X** field (**CB 175**) to stile. Through trees to A4189, cross with extreme care. **TL** for 100 YDS to drive signed Cadborough Farm **AW**. Ahead through 2 **SMG’s**. **X** drive to **X** stile. Ahead 150 YDS with fence on right. Through gate **TR** 20 YDS **TL (AW)**. Ahead with fence on left to gate, ahead with hedge on left to **WMP (SP109659)**. **X** field (**CB 230**) hedge on right ahead to field corner. Through **KG**, **TL** to **KG** and lane. **TL** to **CP**

**CHECKPOINT 1. WEATHER OAK FARM 26m/17m (4.5m) opens 0915 closes 1130**  
**Biscuits/Jaffa Cakes/jelly babies cold drinks Note: Not a control point - no clip required**

4

Ahead 150yds to **WMP AW (SP 110657) [4.5m]** **TR** through **KG X** field (**CB 190**) to farm buildings. Pass “Bull Pen” on **L**. Follow way marks to lane after 50 YDS **TR** on track to **KG**. **X** to **KG X** field to **KG** in corner, Ahead to **KG**. Ahead on enclosed path to **TL** to **KG**. **TR** hedge on **R** to **KG**. **TL** to **SMG**, **X** field (**CB 245**) to gap in hedge. Through 2 **SMG** then **TL** hedge on left to **SMG**.

5

Ahead passing telegraph poles, hedge on left to gate. Through gate passing telegraph poles to go through 2<sup>nd</sup> gate. Ahead on track with hedge on right. Track turns right in 20 YDS **TL** through **SMG** signed **AW**. **X** field (**CB 260**) to gate. **TL** on lane past nurseries. **TL** through **MG** follow footpath diversion signs around Studley Castle to rejoin **AW**. Ahead on enclosed path to church car park. (**SP 081636**)

6

Ahead through **KG TL X** fields (**CB 150**). 350yds to small coppice. **TR** ( river on right) to **KG**. **TL** hedge on left to **KG X FB** through gate. **T 1/2R** through **KG**. Ahead through **KG** to farm buildings. Through 2 **KG’s** and ahead down farm drive to road leave (**AW**). Left along road (ignoring all **R** and **L** turns) for 1mile. **TR** at Middle Spernal Farm. (Opposite Purity sign). Ahead down farm track to **CP**

**CHECKPOINT 2 MID SPERNAL 26m/17m routes 9.25 m (SP 095616) opens 1015am closes 1330pm**  
**Bacon sandwich/vegetarian sausage sandwich hot and cold drinks. Clip required.**

7

Pass to left of shed. Ahead hedge on left to go through gate. Ahead through gap in hedge and trees. **X** stream **BR** to **WMP**. Ahead passing pond on right to go through gate. Ahead on enclosed path. Where fence turns right **TL** through **MG**. **X** field to **KG** and track. **TL** on track. Ahead for 1mile to road.

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**8**

**TR** ahead on road (with care) for 450 YDS to **WMP on R (AW/HoEW/MW) – (SP108602)**. Through gap, house on **L**. In 20 YDS **TL** through **KG**. **TR** around field boundary. Hedge on **R** for 650 YDS to **WMP on R**. **TR** through hedge. **TL** hedge on **L**, follow hedge to go through gap. **X** track, ahead to go through **KG** (pond on **L**). **X** field (**CB 220**) to go through **KG** into lane. **TL** for 20 YDS, then **TR (AW)** through **MG**. Ahead with hedge on **L** to go through small gap ahead. Continue hedge on **L** to go through **KG** on **L** (partly hidden). **TR** Ahead (**AW/HoEW/MW**) and over old bridge to go through **KG**.

**9**

**1/2R** for **30YDS** to go through **KG**. Ahead 150 YDS on wide path to **pass** trig point. Continue on wide path to **TL down** enclosed path to road (**SP097581**). **TR** ahead pass shops, over river bridge. Continue into Henley Street then Church Street pass Town Hall and Church on your right. Down Malt Mill Lane (**AW**) to **TL** and **X** green. **X** main Stratford Road to Oversley Green and CP3

**CHECKPOINT 3 OVERSLEY GREEN 26M (SP091571) 14M opens 1100 am closes 1400 am**  
**Lunch – quiche scotch eggs and cold drinks. Clip required.**

**10**

Ahead over bridge **TR** into Mill Lane then in 100 YDS **TL** into Primrose Lane. Ahead to **X** bridge over A46. **TL down** enclosed path then **TR** through wooden gate to **X** drive to path. Ahead 30 YDS. **TR** on drive uphill to pass through wooden gate on **R** of house. Ahead for 200 YDS then **TL** on wide track. Now leaving **AW**. Continue 150 YDS to **T** junction then **TL** for  $\frac{3}{4}$  mile on wide track **ignoring all paths to L and R**. Go through gate then **TL** under A46 now back on **AW**.

**11**

Ahead on lane to road (**SP111571**) **X** road **TL** for 30 YDS to **AW WM** on **R**. **X** stile then **TR** hedge on **R**. In 100 YDS **TR** then immediately **L** hedge now on **L**. Follow **AW** to farm track to exit at bend in road (**SP110573**). Ahead to turn **L** at bend continue 220 YDS to pass Driftway Barn, then **TR** at notice board and stocks. Through gate continue on path to church.

**12**

Pass Church (ignore paths on **R**). Ahead to exit at road. Ahead through village. At sharp left bend go straight ahead to **KG** on **L**. Ahead through 2 **KG**'s. **X** Bridge. **T**  $\frac{1}{2}$  **R** to **WM**. **TL** hedge on **L** to go through **KG** into Withycombe Wood. **TL** through woods. Exit wood at gate. (**SP139583**). Ahead wood on **R**. Where wood bears right. continue ahead **X** field to gate and road and CP4

**CHECKPOINT 4. WOOD LANE 26m (SP 111571) 18.7m opens 1145 AM closes 1600 AM**  
**Fruit/ savouries/ cold drinks and energy drinks. Clip required**

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### 13

**X** road then **TL** 80yds to stile on **R**. **X** stile,,ahead with hedge on **L**. Ahead to join track. Under power lines to lane. **X** lane (**Aston Cantlow**) sign. **X** lane to stile. **X** field (**CB350**) to stile and **FB**. Pass Church to gate. **TR** to T Junction. **TL** past “Kings Head Pub” ahead to **TL** into Chapel Lane. At end of Chapel Lane ahead through gate pass “Meadow Furlong “ sign. Continue fence on **L** to **KG** in field corner. **X** old railway track. Ahead through **KG**. **X** field (**CB320**) to **X FB**. **TR** hedge and river on **R**. Ahead to exit at gap in hedge at road. (**SP137610**)

### 14

**X** road to metal gate. Ahead with hedge on **R** to go through metal gate. Ahead with hedge on **L** for 800yds to gate on **L**. Through gate **TR**. Hedge on **R** (gallops on **L**). Ahead to **TR** to exit at road next to Glebe Farm. (**SP118610**). **TR** on lane for 230yds to **TL** at Lodge Hill farm. Ahead to small metal gate left of large **MG**.

### 15

**TL** through **KG** **X** field (**CB 340**) to **KG** and lane. **TR** 40 YDS to **WM**. **TL** (**AW-HoEW**) for10 YDS **TL** through **KG**. **TR** hedge on right. Ahead to pass through 3 gates. Ahead through left hand gate. Ahead hedge on right to gate. Ahead on (**AW**) (**CB 010**). **X** field, through trees to **X FB**. Ahead to **KG and CP**

**CHECKPOINT 5 GREENHILL FARM 26m/17m routes 24m on full course ( SP110637) opens 1100 am closes 1730 am - Cakes crisps and savouries. Clip required.**

### 16

Retrace steps to pass “Greenhills”. Where lane turns left ahead through gate (**AW-HoEW-MW**) Ahead through woods. Bear right at bench. Continue through woods to exit at green gate at edge of wood. Through gate 50 YDS to stile on **R**. **X** stile **TL** downhill. Where path bears right **TL** through trees to gate. **X** lane, through hedge (**AW-HoEW-MW**). Ahead hedge on **L**. **X** 2 fields. **X** 3<sup>rd</sup> field (**CB80**) to gap in hedge. **X** stile ahead **SLOT** to gap and **FB**. **X FB** and stile. Ahead **X** field (**CB 060**) to **X** stile right of bench.

### 17

**X** 3 fields (**CB 050**) to field corner and **FB** (**SP138655**). **X** bridge and ,stile and ascend steps to **X** stile. **X** field to stile (**CB 20**). Ahead to **X** stile. Ahead to **WM**. **X** 2 stiles one in wall to road. **X road** with extreme care.

### 18

**X** 2 stiles pass derelict stile. Ahead (**CB 90**) to **WM**. **X** stile then down enclosed path to **KG** and **FB**. **X FB**. (leave **AW-HoEW-MW**). **1/2R turn** (**CB 120**) **X** field. Pass post to **KG**. Through tunnel,along enclosed path to road. **X** road **TL** on pavement.pass St Johns Close. **TR** down enclosed path to Barley Close and road ,**TL** to pedestrian crossings. **TR** on A3400 for 100yds. **TL** into school.

**WELL DONE**

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