

HEART OF ENGLAND FOREST MARATHON
17 Mile Route. (Yellow Arrows)

Key:

AH: Ahead.

AW: Arden Way.

CB: Compass Bearing.

FB: Footbridge.

HoEW: Heart of England Way.

KG: Kissing Gate.

LMG: Large Metal Gate.

MW: Millennium Way.

SLOT: Same Line Of Travel.

SMG: Small Metal Gate.

TL: Turn left.

TR: Turn Right.

WM: Way Mark.

WMP: Way Mark Post.

X: Cross.

CROSS ALL ROADS WITH CARE

Maps required: OS Landranger 150 & 151 or
Explorer 220 & 205

Walk HQ: Henley in Arden School, Stratford
Rd, (A3400) B95 6AF

To get to start: (Walkers/Runners: 0930hrs)

Exit school. TR to pedestrian crossing. X into New road. Ahead 20yds to TR into Barley Close

1

Ahead on enclosed path. At end of path TL to pass post box. TR to pass railway station. After 200 yds TL into Bear lane. Under railway bridge. TR up steps to KG. Ahead railway on right to pass green shed to Golf club house. X drive. TR (AW). Ahead pond on right to X stile. TL X field (cb300) to gate. Pass barns to KG. (sp140672).

2

TL on lane for 400yds. TL on track (unclassified County Rd). Ahead to lane. TR 100yds to KG on left. (AW). Through KG X field (cb 240) to KG. X field hedge on right to KG. Through Churchyard to lane. Ahead on lane to T junction. TL. Ahead to T junction. X to KG. X field (cb230) to SMG. X lane to SMG. X field (cb270) to field corner. Ahead through SMG to 30 sign. TR to pass War Memorial. X road at "Winged Spur Pub". Ahead along passageway to pas through 2 KG's to lane opposite church. TR on lane for 400yds. X stile on left of gate. X field (cb175) to stile, Through trees to road. X road TL for 100yds to drive. (Cadborough Farm) (AW). TR through 2 SMGs. X drive. X stile. Ahead farm buildings on right. Through gate. TR. Through gate. TL on track.

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3

Ahead on track to gate. Ahead hedge on left to gate. Through gate. ½ left. X field. Hedge on right to field corner. Through KG. TL to KG and lane.

CHECKPOINT 1. Opens 9:15 Closes 11:30.

4

Ahead on lane for 150yds to TR at WMP (AW). X field (cb190) to farm buildings. Pas Bull Pen on left. Follow WMs to lane. After 50 yds TR on track to KG. X field to KG. Ahead to KG. Ahead on enclosed path to TL to go through KG. TR hedge on right to go through KG. TL to SMG. X field (cb245) to gap in hedge. Ahead through 2 SMGs. TL hedge on left to SMG. Ahead passing telegraph poles to gate. Ahead passing telegraph pole to gate. Ahead with hedge on right. Track turns right. After 20yds TL through SMG (AW). X field (cb260) to gate. TL on lane to pass Nurseries. TL through metal gate (**follow footpath diversion signs**), TL (AW) on enclosed track. Ahead to church car park.

5

Ahead through KG. TL. X fields (cb150) to small coppice. TR river on right to go through KG. TL. Hedge on left to KG. X FB. ½ right. Through KG. Ahead through KG to farm buildings. Through 2 KGs. Ahead down farm drive to road. TL then TR (AW) ahead to KG. **Do not use drive** (leave AW). Ahead ditch and fence on left to KG on left. Through KG. X drive. Ahead across field. Ahead through wood. Through SMG. TR ahead through wood. Exit wood. Ahead on wide path. Through gap. X FB. Ahead on wide path. Ahead between 2 power poles. Through 2 SMGs. Ahead across field to farm buildings.

CHECKPOINT 2. Opens 10:15 Closes 13:45

6

Pass left of shed. Ahead hedge on left to gate. Ahead through gap in hedge and trees. X stream bear right to WMP. Ahead passing pond to go through gate. Ahead on enclosed path. Where fence turns right TL through KG, X field to KG and track. TL on track for 1 mile to road. TR 20yds. **X** road with care. (leave **AW**).

7

TL into lane (**Shelfield Green 1m**). Ahead on lane ½ mile. Where lane turns sharp right **TL** on **HoEW**. See "Mutton Barn." Continue on **HoEW** past house. Through gap by gate, under power lines. **TR** then **L**. Ahead through wood. Leave wood. Ahead with trees on **L** to rejoin (**AW**) (SP 114618).

Through KG X field (cb340) to KG and lane. TR 40 yds to WM (AW-HoEW-MW) TL 10yds through KG. TR hedge on right to pass through 3 gates. Ahead through left hand gate. Ahead hedge on right to gate. X field (cb010). Through trees to X FB. Ahead through KG to CP5

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CHECKPOINT 3. Opens 10:15 Closes 17:30

8

Retrace steps past **“GREENHILLS”** Where lane turns sharp left ahead through gate (AW-HoEW MW). Ahead through woods to turn right at bench. Continue through woods to exit at green gate. Through gate 50yds to X stile on right. TL down hill. Where path bears right TL through trees to gate. X lane. Through hedge (AW-HoEW-MW). Ahead hedge on left. X 2 fields. X 3rd field (cb80) to gap in hedge. X stile. Ahead SLOT to gap and FB. X FB. X field (cb 060) to X stile right of bench.

9

X 3 fields (cb050) to field corner and FB. X FB, stile and ascend steps to X stile. X field (cb020) Ahead to X stile. Ahead to WM. X 2 stiles. X stile in wall to road. X road to stile. Ahead past derelict stile. AH (cb090) to WM. X stile. Down enclosed track to KG and FB. Leave (AW-HoEW-MW). ½ right (cb120). X field. Past post to KG. Through railway Arch, along enclosed path to road. X road. TL ahead past St Johns Close. TR down enclosed path to Barley Close and road. TL to pedestrian crossing. TR A3400 for 100yds. TL into school and finish.

Please go directly to **“Registration”** to record you finish and return your tally.

“WELL DONE and thank you for the two trees“